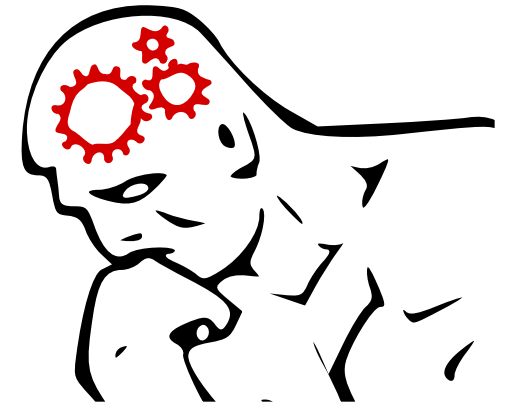
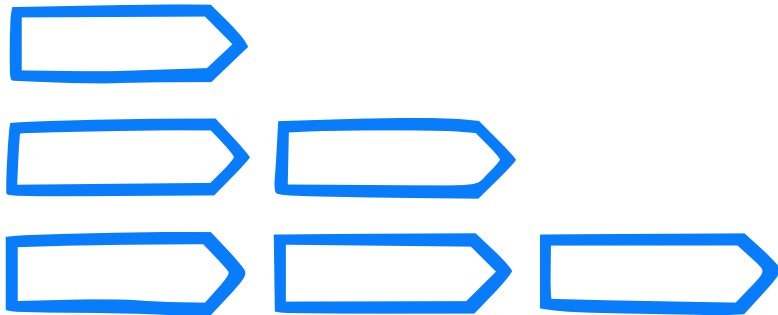
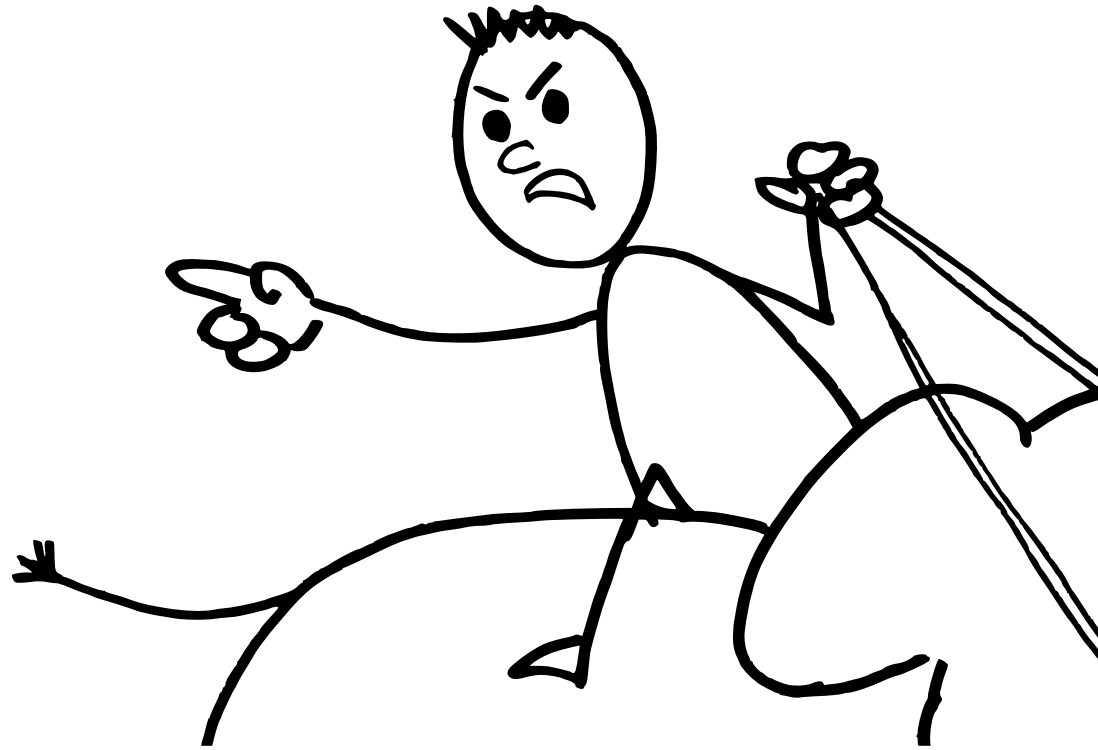
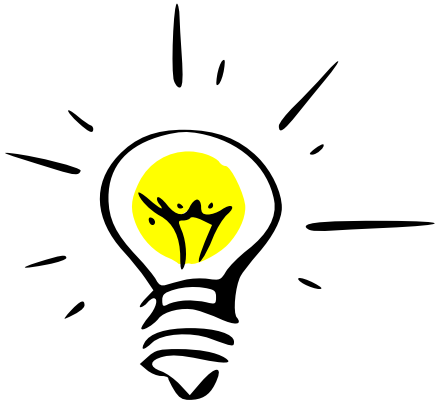
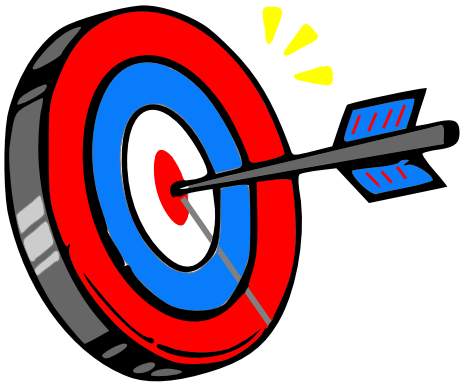


Stuur de berijder aan





Onderzoek lichtpuntjes

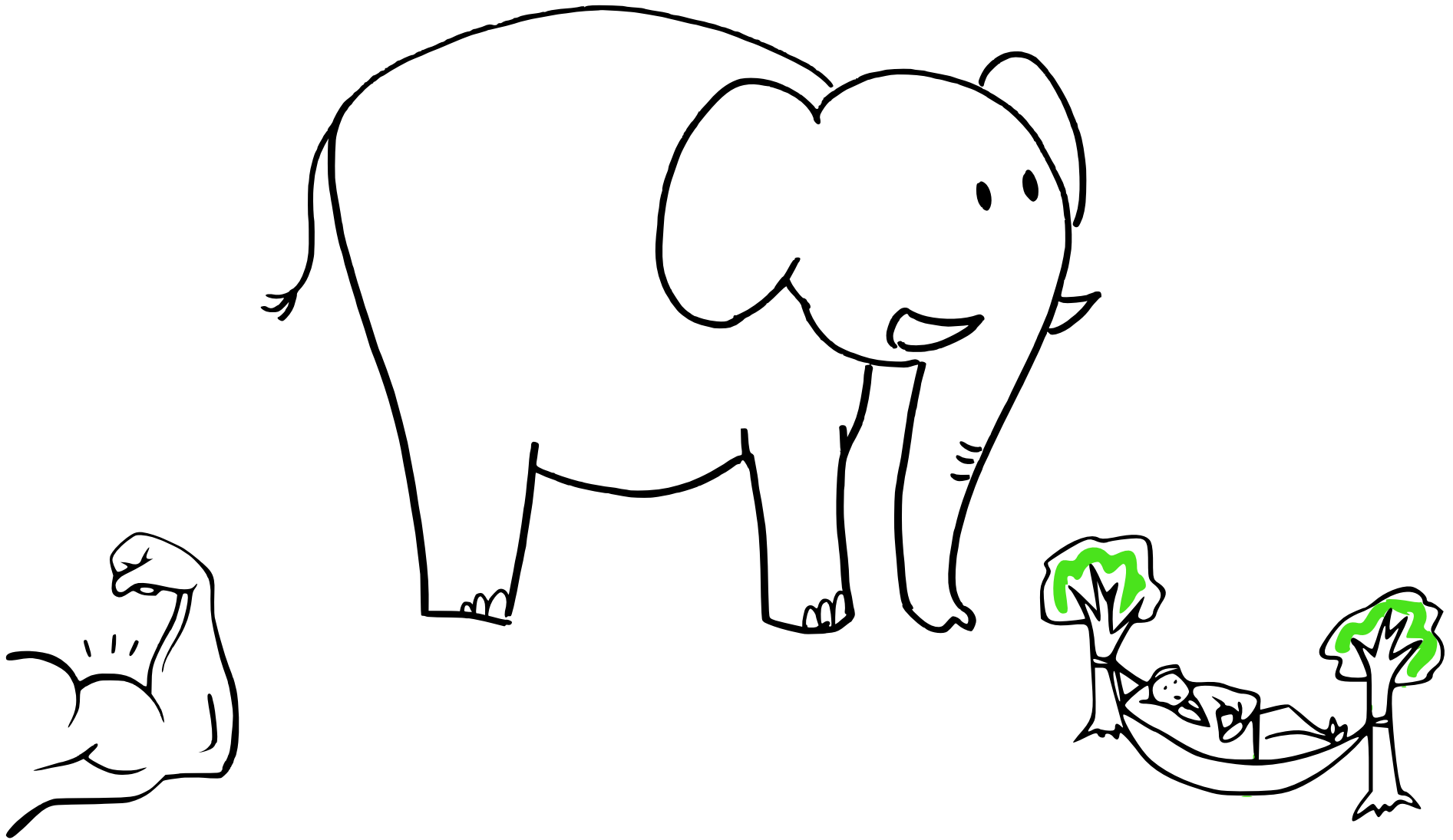


Schets de doelsituatie



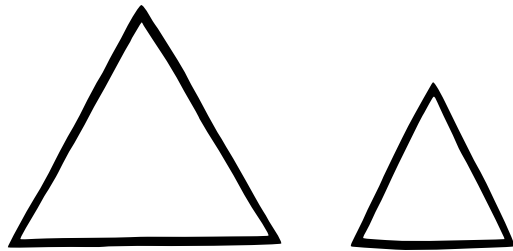
Zet de cruciale acties uit

Motiveer de olifant

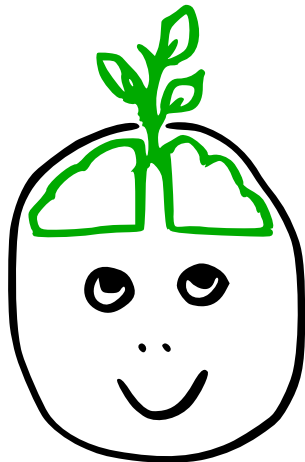




Spreek het gevoel aan

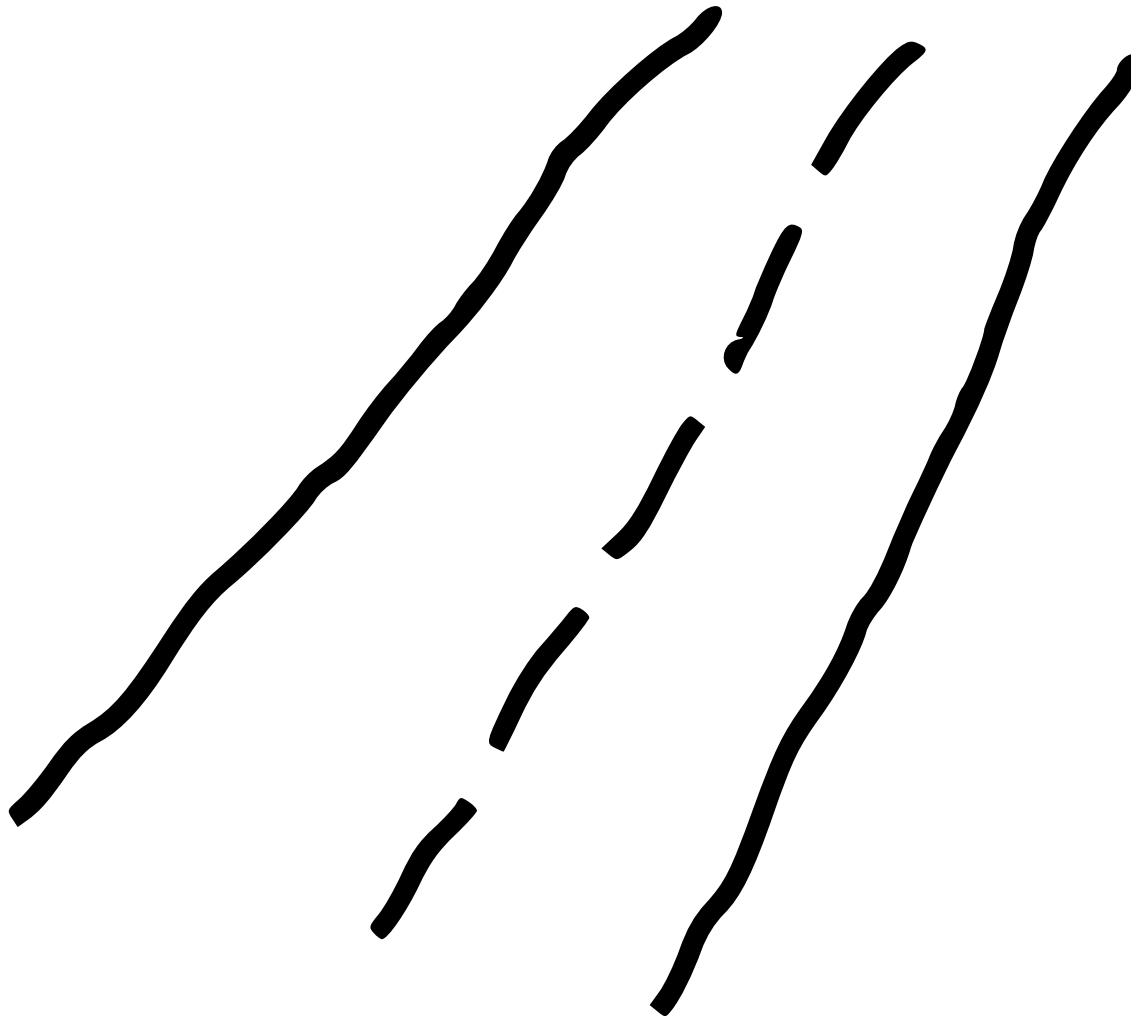


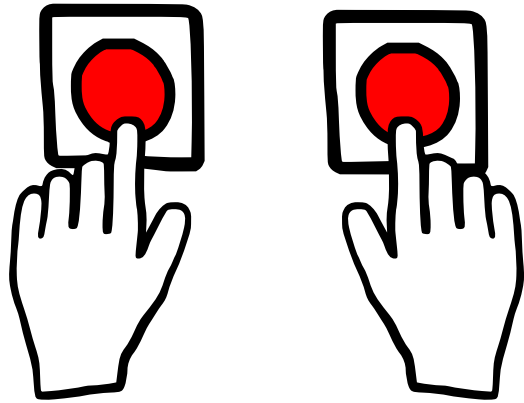
Maak de verandering
kleiner



Kweek
een groei-mindset

Effen het pad





Optimaliseer
de omstandigheden



Zorg voor routine



Benut de kracht
van "wij"