90 x 120 mm

Peer Coaching

Questions for adressing a change need

- 1. What do you want to change?
- 2. What would this achieve?
- If the ideal is 10 and none of this ideal is 0, where do you stand now?
 - A [x] already. How did you achieve that?
- 4. How did you manage to achieve similar results before, or in a different context? What did you do then?
- 5. What small step could you take now?

Monitor progress (next time)

- 6. What did you achieve?
- 7. What more would you like to achieve?

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4. How did you manage to achieve 5. What small step could you a change need What did you achieve? Monitor progress (next time) Questions for adressing What do you want to change? What would this achieve? take now? If the ideal is 10 and none of similar results before, or in a different context? achieve that? A [x] already. How did you stand now? this ideal is 0, where do you What did you do then?

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What do you want to change?

a change need **Questions for adressing** What do you want to change?

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3. If the ideal is 10 and none of 2. What would this achieve?

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Questions for adressing a problem

- 1. What problem are you facing?
- 2. What would the world look like when that problem is solved?
- 3. If a full solution is a 10, and the full problem is 0, where do you stand now? A [x] already. How did you
 - achieve that?
- 4. When, or in what other context did you suffer less from the problem? What did you do then?
- 5. What small step could you take

Monitor progress (next time)

- 6. What did you achieve?
- 7. What more would you like to achieve?

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Questions for adressing

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